

Essentials for Your Gorilla Trekking Experience in Rwanda or Uganda

Required Documents

- Gorilla trekking permit
- Valid visa and passport

Clothing & Footwear

- Waterproof hiking boots
- Hiking socks
- Long-sleeved wicking shirt
- Long Pants
(Gore-tex or equivalent standard)
- Rain jacket or poncho
- Sweater or light jacket
(2 pairs)

Personal Care

- First Aid Kit
- Insect repellent
- Sunscreen
- Snacks

Accessories & Other Gear

- Gardening Gloves
- Hat
- Sunglasses
- Daypack
- Water Bottle
- Camera
(without flash)
- Binoculars
- Extra batteries or power bank

Daypack Essentials

When heading out for your gorilla trek, pack these key items in a lightweight, waterproof daypack:

- Chargers for phone and camera batteries
- Reusable water bottle
- Insect repellent
- Sunscreen
- Hat
- Pain Relievers
- Battery-powered fan
- Snacks